

Body Image: Teaching Standards

National Health Teaching Standards reference the influence of media and so do most state's teaching standards.

To locate your state's health standards, go [here](#).

Link to the [McRel National Health standards page](#).

RECOMMENDED LESSON PLANS (more [here](#))

[Don't Say, "What's Wrong With Me," Say, "What's Wrong With This Ad?"](#)

[Healthy Body Image: A Lesson Plan for Middle School Students](#)