

# Body Image: Recommended Links

- [About Face](#)
- [Airbrushing](#)
- [A media literacy education perspective](#)
- [Body Image and Advertising](#)
- [Body Image: The Quest For Perfection](#)
- [Body Image](#) Lesson Plan
- [BodyWorks Toolkit](#)
- [Cracking the Mirror: Media & Body](#)
- [Defining Girl Power: Finding Self in the Media Maelstrom](#)
- [Mass Media and the Female Body](#)
- [The Media, Body Image and Eating Disorders](#)
- [Media Education Offers Help on Body Image Problems](#)
- [Media Influences and Body Image](#) lesson plan
- [MediaWatchYouth](#)
- [Mind On The Media/Turn Beauty Inside Out](#) (body image)
- [Mind over magazines](#) (lesson plan)
- [Mirror, mirror: Fostering a positive body image in your child](#)
- [Overcoming Impossible Bodies: Using Media Literacy to Challenge Popular Culture](#)
- [Picture perfect](#) (lesson plan)
- [Promoting Healthy Body Image- Table of Contents](#)
- [Quest for Health: Media literacy-body image](#)
- [The Ugly Truth Behind Photoshopped Images](#) (Common Sense Media)
- [WebQuest – Images and Influence](#)
- [What is body image?](#)